



BRITISH SOCIETY FOR DERMATOLOGICAL SURGERY

Stitch-Up! A Suturing Course

Monday 9th February 2015

St James's Hospital, Leeds

Draft Programme*

- 09.00 **Registration & Coffee**
- 09.30 **Short Presentations**
Introduction
Local Anaesthetic
Suturing Instruments
Simple Suturing Techniques
- 10.15 **Practical Demonstrations and Practice on Pig Skin**
Punch Biopsy
Simple Interrupted Sutures
Square Knots
- 11.00 **Coffee Break**
- 11.20 **Practical Session**
Continuous Sutures
Deep Sutures
Subcuticular Running Sutures
- 12.00 **Short Presentations**
Haemostasis and Electrocautery
Skin Surgery
- 12.30 **Lunch & Dexterity Testing**
- 14.00 **Practical Session**
Excision
Mattress, Pulley, Tip Stitches
- 15.15 **Working Coffee Break**
- 15.30 **Practical Session**
Uneven Edges, Dog Ears
Top Tips
Removing Sutures, Dressings
- 16.20 **Summary**
- 16.30 **Close**

** Please note this is a draft and changes may occur to the final programme*