



**BRITISH SOCIETY FOR
DERMATOLOGICAL SURGERY**
Stitch-Up! A Suturing Course
Monday 21st September 2015
Vesuvius Centre, Bristol

Draft Programme*

09.00 *Registration & Coffee*

09.30 **Short Presentations**

Introduction and Local Anaesthetic
Suturing Instruments
Haemostasis and Electrocautery
Simple Suturing Techniques and Skin Surgery

10.30 **Practical Demonstrations and Practice on Pig Skin**

Punch Biopsy
Simple Interrupted Sutures
Square Knots

11.30 *Coffee Break*

12.00 **Practical Session**

Continuous Sutures
Deep Sutures
Subcuticular Running Sutures

13.00 *Lunch & Dexterity Testing*

14.00 **Practical Session**

Excision
Mattress, Pulley, Tip Stitches

15.15 *Working Coffee Break*

15.30 **Practical Session**

Uneven Edges, Dog Ears
Top Tips
Removing Sutures

16.20 **Summary**

16.30 *Close*

** Please note this is a draft and changes may occur to the final programme*