

# **BSDS Travelling Fellowship Report**

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I would like to sincerely thank the British Society of Dermatological Surgery for their support in supporting my attendance at the American Society of Dermatologic Surgery's (ASDS) Annual Conference which was held in Chicago last October. I was incredibly fortunate to have had the opportunity to present some of my work carried out whilst undertaking a Procedural Dermatology Fellowship at Mount Sinai, Hospital, New York, last year. I presented a case series of post Mohs Micrographic Surgery periorbital lymphoedema treated successfully with hyaluronidase injections as early as 2 weeks post operatively and a separate case series of identical twin sisters who developed a rare although now increasingly recognised adverse effect of cryolipolysis (freezing of adipose tissue for body contouring) paradoxical adipose hyperplasia (PAH) as an irreversible side effect which was subsequently treated by tumescent liposuction. Both presentations were thankfully well received and have led to research opportunities, for which I thank the BSDS and the financial report I have received.

The ASDS is a fantastic meeting where a combination of diverse Dermatologic Surgery techniques and procedures are presented and discussed such as Mohs Micrographic Surgery and Dermatology oncology, advances in Laser and medical device technology including cosmetic dermatology and cosmetic surgery procedures. There are multiple hands on workshops you can enrol on and plenty of opportunities to ask the experts questions pertaining to Dermatologic surgery in a more compact and cosy setting when compared with the American Academy of Dermatology annual meetings.

My personal highlight of the meeting was attending Dr. Jeffrey Klein's lecture on the development of tumescent anaesthesia (Which he has developed and finessed over the years); this subsequently paved the path for the development of tumescent liposuction enabling minimal and safe doses of anaesthetic to be infiltrated over a large surface area with quick recovery and little down time for patients. He was as inspiring as he was knowledgeable and it was a true treat to learn about such innovation and advance brought about by Dermatologists which have shaped future Dermatologic Surgery and Plastic Surgery practice across the world. My second favourite was the yearly surgical and cosmetic reconstruction competition "The iron surgeon competition" where world experts in the field battle for the iron surgeon crown by displaying novel reconstruction options for challenging post-surgical defects and cosmetic enhancement scenarios this was incredibly entertaining and of great clinical value.

A huge thank you to the BSDS committee for your support...

My very best wishes,

Sweta