

BSDS Stitch Up! Suturing Course Review – November 2017

I had the pleasure and privilege of attending the Stitch up course this year. In one day, I received a concise introduction to all suturing techniques and principles specific to dermatology. I found very useful the short lectures on the different sutures/tools available and when to use them, including diathermy. The day was largely spent practicing suturing techniques and being guided by the many facilitators, whom were mostly consultant dermatologists. They were all so friendly and passionate to impart their tips and tricks. It was a very well organized, dynamic and inspiring day. The course material was also of very high quality. I think this is an essential day for those who wish to develop their suturing skills in a relaxed environment, surrounded by specialists in the field with a passion for surgery in dermatology and teaching. Thank you once again BSDS for this great opportunity!

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I never thought that I would get the BSDS Stitch Up course scholarship. It offered an invaluable experience which boosted my confidence in simple surgeries. The course covered all the basics in skin surgeries from pre to post op after car, including the use of a hyprecator in stopping peri operative bleeding or the use of suture to tie blood vessels. The practical aspect of stitching was really interesting. The Doctors demonstrating the techniques were well experienced and very helpful and kind to offer their advice in learning and mastering the skill. The facility was fantastic. There were monitors around the room, so everyone could see what was being demonstrated. Overall, the course was an excellent opportunity for those who want to boost their confidence and master the skill of stitching especially to those who does not have any experience at all.

Given the opportunity in the future, I will be glad to go beyond punch biopsies and do simple incisional biopsies. I am confident that I could do a direct closure using the techniques I learned from the course. As a matter of fact, I am currently up building my portfolio in doing direct closure using interrupted or continuous stitches under direct supervision.

It was a wonderful experience for me as a nurse to have attended a course designed primarily for doctors. I did my best to represent well the Dermatology Department of Solihull Hospital.

Joseph Patrick Galimpin

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